

## CHECKLIST FOR COLLEGE-BOUND JUNIOR AND SENIOR STUDENT-ATHLETES

### FOR JUNIOR CLASS

- Confirm Course Registration** - Students should be registered for at least 4 units (8 semesters) of NCAA-approved core courses each year at your school.
- Complete NCAA 10/7 Requirement** - Utilize the spring semester of junior year and the summer before senior year to complete the NCAA 10/7 requirement and lock in the best grades.
- Plan for Summer School if Necessary** - Student-athletes should make a plan to take NCAA-approved summer school courses if they experience any of the following issues:
  - Have an NCAA Core GPA below a 2.3
  - If a student is not on track to complete 12 units of NCAA-approved core courses entering their senior year
  - If their school does not offer NCAA-approved courses in the summer, students may take NCAA-approved courses with a virtual school. The virtual courses need not count toward their school's graduation credits, however, the virtual school transcript must be submitted separately to the NCAA Eligibility Center.
- Review the NCAA Guide for College-Bound Student-Athlete.**
- Know Their NCAA Core GPA** - At the end of each term, determine the NCAA core GPA.
- Create List of Target Schools** - Make a starter list of potential colleges and review for best fit.
- Submit Program Questionnaires** - Fill out online questionnaires on prospective college team websites.
- Contact College Coaches** - After submitting online questionnaires, students should email college coaches directly.
- Register with the NCAA and NAIA Eligibility Centers** - Register with the NCAA Eligibility Center if they are actively being recruited by NCAA DI or DII programs. If students are unsure if they qualify for a fee waiver, contact your school counselor. Students must have their NCAA ID # and completed NCAA Eligibility Center registration in order to take official visits.
- Schedule Campus Visits** - Students actively interacting with college coaches should set up campus visits.
- Make Verbal Commitments** - Remember that verbal commitments to college programs are non-binding.
- Retake Core Courses** - Students who need to improve their GPA for NCAA core course minimum if their GPA falls below a 2.3 for DI and 2.2 for DII - should follow up with their school counselor to plan appropriately.

### FOR SENIOR CLASS

- Ensure Junior Class Items are Completed** (see above).
- Remember Spring Semester Grades Count** - Coursework from senior spring semester counts and graduation is still necessary (even if deemed an Early Qualifier).
- Consider Virtual Courses** - Students who fall short credits for NCAA may take virtual courses during senior year or the summer after graduation.
- Sign Athletic Grant-in-Aid** - For those students signing an athletic grant-in-aid, make sure to return the completed form to the college.
- Request NCAA Amateurism Certification** - Seniors must complete the NCAA amateurism certification questions. To receive an amateurism certification, prospective student-athletes should:
  - Register with the NCAA Eligibility Center.
  - Completely and accurately fill out the "Sports Participation" section during registration.
  - Request final amateurism certification (PDF) promptly.
  - Monitor tasks assigned to their account.
- Early Graduation** - Students who graduate early must still complete their NCAA DI/DII requirements.
- Confirm School Decision** - College Admissions National Decision Day is usually May 1 - most college choices need to be made by that time.
- Pay Tuition Deposit** - Students must pay their college deposit by deadlines. Full scholarship student-athletes may not need to pay admissions deposits - make sure they ask their college coach.